

Better at Last's Arthritis and Osteoporosis Workshop



McGinley Memorial Library
in McGregor, TX
Monday, March 24th, 11:00

Learn more about what you can and should be doing to maximize your potential and reduce your pain and risks related to these diagnoses.



Limited space available.
Please RSVP by scanning the QR
code or visiting betteratlast.org and
going to our Events page.